



About this Presentation

- This presentation provides general guidance regarding the requirements for HFC under Section 10-215f of the Connecticut General Statutes (CGS)
- For specific questions or technical assistance, please contact the Connecticut State Department of Education (CSDE)
- See slides 190-191 for CSDE contact information

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Complying_Healthy_Food_Certification_Presentation.pdf

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Disclaimer

- The mention of trade names, commercial products or organizations does not imply approval or endorsement by the Connecticut State Department of Education (CSDE)
- Product names are used solely for clarification in evaluating compliance with the CNS

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Abbreviations

ASP	Afterschool Snack Program
CGS	Connecticut General Statutes
CNS	Connecticut Nutrition Standards
CSDE	Connecticut State Department of Education
HFC	Healthy Food Certification
NSLP	National School Lunch Program
SBP	School Breakfast Program
USDA	U.S. Department of Agriculture

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Overview of HFC

https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215f

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Overview of HFC

- CGS Section 10-215f requires that **all public schools participating in the NSLP** must **certify annually by July 1** to the CSDE whether they will or will not follow the Connecticut Nutrition Standards (CNS) for all foods sold to students separately from reimbursable meals (competitive foods)
- Schools that follow the CNS receive additional state funding
- Private schools and residential child care institutions are not eligible for HFC



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Definition

Connecticut Public Schools

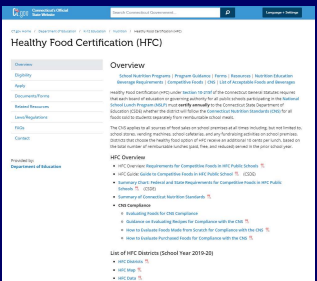
- All local and regional boards of education
- Connecticut Technical Education and Career System (CTECS)
- Governing authorities for state charter schools, interdistrict magnet schools, and endowed academies

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CSDE Webpage

Healthy Food Certification

- HFC participation (list of schools and state HFC map)
- HFC application
- HFC documentation
- HFC forms
- HFC resources




<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification>

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CSDE Resource

Requirements for Competitive Foods in HFC Public Schools

- Summarizes the federal and state requirements for selling and giving competitive foods to students in HFC public schools



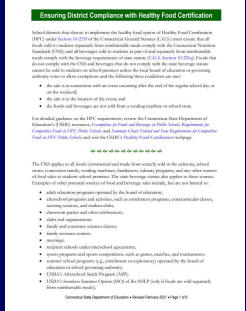
https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Requirements_Competitive_Foods_HFC.pdf

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CSDE Resource

Ensuring District Compliance with HFC

- Summarizes four strategies to help districts comply with HFC and the state beverage



https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Ensuring_District_Compliance_HFC.pdf

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CSDE Resource

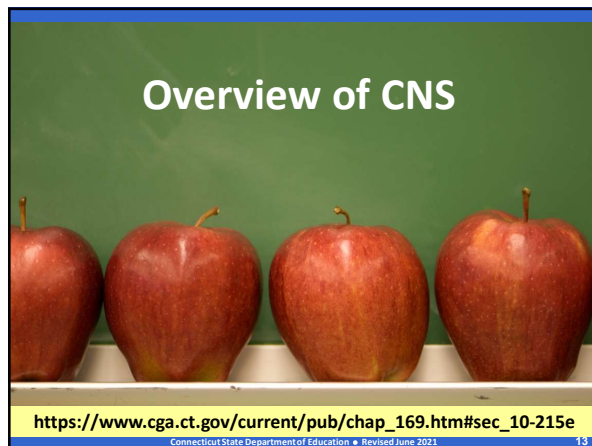
Guide to Competitive Foods in HFC Public Schools

- Provides comprehensive guidance on complying with the federal and state requirements for selling and giving competitive foods to students in HFC public schools



https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Competitive_Foods_Guide_HFC.pdf

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Other Potential Sources of Competitive Foods *

- Adult education programs operated by the board of education
- Afterschool programs and activities, such as enrichment programs, extracurricular classes, tutoring sessions, and student clubs
- Classroom parties and other celebrations
- Clubs and organizations
- Family and consumer sciences classes
- Family resource centers
- Meetings
- Recipient schools under interschool agreements
- Sports programs and competitions, such as games, matches, and tournaments
- Summer school programs (e.g., enrichment or exploratory) operated by the board of education
- USDA's Afterschool Snack Program (ASP)
- USDA's Seamless Summer Option (SSO) of the NSLP (*only if foods are sold separately from reimbursable meals*)
- USDA's Summer Food Service Program (SFSPP) operated by the board of education on school premises (*only if foods are sold separately from reimbursable meals*)
- Vendors on school premises, e.g., food service management companies (FSMCs), food trucks, caterers, online and mobile food delivery companies, and other outside entities that sell foods and beverages to students

* This list is not all-inclusive

For detailed guidance, review the CDE's Guide to Competitive Foods in HFC Public Schools (see slide 12)


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Definition

Sale

The exchange of a determined amount of **money or its equivalent** (such as coupons, tickets, tokens, and similar items) for foods and beverages, including

- programs and activities that charge a fee that includes the cost of foods and beverages provided to students
- activities that suggest a student donation in exchange for foods and beverages




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Definition


School Premises

All areas of the property **under the jurisdiction** of the local or regional board of education, the regional vocational-technical school system (Connecticut Technical Education and Career System (CTECS)), or the governing authority district or school



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Complying with CNS



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Six CNS Food Categories

- Snacks
- Entrees sold only a la carte
- Non-entree combination foods
- Cooked grains such as rice, pasta, and quinoa
- Soups
- Fruits and vegetables




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Complying with CNS

To be allowed for sale to students, competitive foods must meet

- At least one of three CNS general standards **AND**
- All CNS nutrient standards for the specific food category to which they belong



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Three CNS General Standards

The product is a food that

1. is whole grain-rich (WGR)

OR

2. contains a food group as the first ingredient

OR

3. is a combination food that contains at least $\frac{1}{4}$ cup of fruit and/or vegetable per serving



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CNS Nutrient Standards

Nutrients	Ingredients
<ul style="list-style-type: none"> Calories Total fat Saturated fat Trans fat Sodium Total sugars 	<ul style="list-style-type: none"> No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols No chemically altered fat substitutes No added caffeine No significant fortification (except naturally nutrient-rich foods based on documented health needs) No nutrition supplements

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Standards Apply to the Serving

- When evaluating a food, must look at the *actual amount served*, including any added *accompaniments*
- Can use *average portions* to determine nutrition information for self-serve accompaniments, such as ketchup with french fries

Examples

- Butter
- Margarine
- Oil
- Cream cheese
- Jelly
- Jam
- Mayonnaise
- Ketchup
- Mustard
- Relish
- Salad dressing
- Dipping sauces
- Sauce
- Gravy



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Examples of Foods with Accompaniments

- Bagel with cream cheese
- French fries with ketchup
- Salad with dressing
- Carrots with low-fat ranch dressing
- Vegetable egg roll with duck sauce
- Pasta with butter
- Muffin or roll with margarine or butter
- Black bean soup with sour cream



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Nutrients per Serving: Calories

All foods except entrees	Entrees
≤ 200 calories	≤ 350 calories

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Nutrients per Serving: Fat

All foods	Exemptions
<ul style="list-style-type: none"> < 10% of calories No chemically altered fat substitutes 	<ul style="list-style-type: none"> Low-fat or reduced fat 100% natural cheese (including part-skim mozzarella) Nuts and seeds, including soy nuts and nut/seed butters Products consisting of only dried fruit with nuts/seeds with no added sweeteners or fats (including chemically altered fat substitutes) Seafood with no added fat Whole eggs with no added fat



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Nutrients per Serving: Saturated Fat

All foods	Exemptions
<ul style="list-style-type: none"> ▪ < 10% of calories ▪ No chemically altered fat substitutes 	<ul style="list-style-type: none"> ▪ Low-fat or reduced fat 100% natural cheese (including part-skim mozzarella) ▪ Nuts and seeds, including soy nuts and nut/seed butters ▪ Products consisting of only dried fruit with nuts/seeds with no added sweeteners or fats (including chemically altered fat substitutes) ▪ Whole eggs with no added fat



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Fat/Saturated Fat Exemptions Not Allowed for

- **Combination foods** such as trail mix (e.g., dried fruit, nuts/seeds, cereal/pretzels)
- Foods containing the exempted foods as an **ingredient**, such as
 - peanut butter cookie
 - pecan cookie
 - peanut butter crackers
 - cheese sauce made with low-fat cheese



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Nutrients per Serving: Trans Fat

All foods

- Zero (less than 0.5 gram)
- No partially hydrogenated oils *

* Read the ingredients statement to be sure that products do not contain partially hydrogenated oils

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Nutrients per Serving: Sugars

All foods except smoothies, yogurt, and pudding

- ≤ 35% by weight
- No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols

Exemptions

- Dried whole fruits or vegetables
- Dried whole fruit or vegetable pieces
- Dehydrated fruits or vegetables
- Frozen desserts containing only 100% juice/fruit



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Nutrients per Serving: Sugars

Smoothies

- ≤ 4 grams of total sugars per ounce
- No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols
- Portion size limit
 - ≤ 8 fluid ounces for elementary schools
 - ≤ 12 fluid ounces for middle and high schools



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Nutrients per Serving: Sugars

Yogurt and pudding

- ≤ 4 grams of total sugars per ounce
- No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols



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Food Exemptions

- Foods that do not comply with CNS cannot be sold to students unless
 - the board *votes* to allow food exemptions **AND**
 - the food sales meet the *three exemption criteria* (see slide 39)

Food sales (including sales at exempted events) must also comply with additional state requirements (see slides 72-106)

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Three Exemption Criteria for Foods

- The sale is in connection with an *event* occurring *after* the end of the regular school day or on the weekend
- The sale is at the *location* of the event
- The foods are not sold from a vending machine or school store

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Definition

Regular School Day

The period from *midnight* *before to 30 minutes after* the end of the official school day

Example

- If the school officially ends at 3:00 PM, the school day is from midnight through 3:30 PM
- If the board voted to allow food exemptions, noncompliant foods could be sold at the location of an event held anytime from 3:31 PM through 11:59 PM

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Definition

Event

An occurrence that involves more than just a regularly scheduled practice, meeting, or extracurricular activity

Event	Not an event
soccer game	soccer practice
high school debate	debating team practice
school play	play rehearsals
school chess match	chess club

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Examples of Events *

- Awards banquets
- Boy Scout Blue & Gold Dinner
- Craft fairs
- Debate team competitions
- Election day (if school is not in session)
- Family bingo nights
- Field days
- Math team competitions
- Mock trial competitions
- School carnivals
- School concerts
- School dances
- School fairs, e.g., health, science, and math
- Silent auctions
- Sports banquets
- Sports games, tournaments and matches, e.g., basketball, football, soccer, tennis, field hockey, volleyball, and cross country
- Talent shows
- Theatrical productions

* This list is not all-inclusive

Contact the CSDE to determine whether specific district fundraising activities meet the definition of event

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Food Exemptions are Never Allowed for Non-events such as

- Afterschool programs and activities
- Cafeteria a la carte sales
- Classes, e.g., culinary programs, family and consumer sciences
- Fundraisers that are not held at an event
- Meetings
- School stores
- Sports practices
- Vending machines
- Any other programs or activities that are not events


All foods sold from these sources must **always** comply with the CNS

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Definition Location

The **same place** where the event is being held

Example
If a school allows food exemptions, cupcakes could be sold on the side of the baseball field during a baseball game, but cannot be sold in the school cafeteria while a baseball game is being played on the baseball field



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CSDE Resource

Exemptions for Foods and Beverages in Public Schools

- Summarizes the state requirements and provides guidance and specific motion language for exemptions

Exemptions for Foods and Beverages in Public Schools

This document summarizes the requirements for allowing food exemptions under Healthy Food Certification (HFC). HFC is required by Section 10-222 of the Connecticut General Statutes (C.G.S.). The document is intended to provide guidance to public schools. HFC is required by C.G.S. Section 10-222. It also provides certain language for the inclusion of exemptions in public school policies and procedures.

Annual HFC Requirements

Each public school system of the State of Connecticut (CPS) must submit an annual HFC report to the Department of Education (CDE) by June 1st of each year. The report must include information on the school's compliance with HFC, including a list of all exemptions granted during the year. The report must also include a list of all foods and beverages sold during the year, including a list of all foods and beverages sold during the year that are not exempted from HFC.

Required Exemption Language


Any exemption to HFC must be approved by the school's governing body and must be consistent with the requirements of HFC. The exemption must be for a food or beverage that is not on the list of prohibited foods and beverages. The exemption must be for a food or beverage that is not sold during the school's regular school day. The exemption must be for a food or beverage that is not sold during the school's regular school day. The exemption must be for a food or beverage that is not sold during the school's regular school day.

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https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Food_Beverage_Exemptions_Public_Schools.pdf

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Evaluating Commercial Foods



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Commercial Foods

- Purchased from vendors
- Include
 - ready-to-eat foods, e.g., ice cream, chips, crackers, cookies, and muffins
 - foods that the food service operation heats or bakes, e.g., canned soup, chicken nuggets, and bake-off frozen cookie dough



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Commercial Foods

- CSDE evaluates commercial products for CNS compliance
- Compliant foods are included on CSDE's List of Acceptable Foods and Beverages webpage



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CSDE Webpage

List of Acceptable Foods and Beverages

- Lists of brand-specific commercial
 - food products that comply with the CNS
 - beverages that comply with the state beverage requirements of CGS Section 10-221q



<https://portal.ct.gov/SDE/Nutrition/List-of-Acceptable-Foods-and-Beverages>

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Evaluating Commercial Foods

- **Before** purchasing, check CSDE's webpage to verify that products are listed
 - Approval of products is specific to the **brand and variety** of food item
 - Must check that each variety is listed
- Submit information to CSDE for new products or products not listed

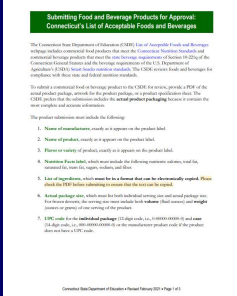


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CSDE Resource

Submitting Food and Beverage Products for Approval

- Indicates information required to submit food and beverage products to the CSDE for review of compliance with CNS and state beverage statute



https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FBlist/Submitting_Food_Beverage_Products.pdf

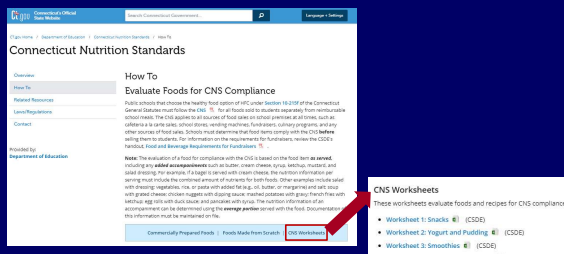
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Avoiding Compliance Issues for Commercial Products

- ✓ **Verify that commercial products** comply with CNS **before** selling to students
 - Use CSDE's List of Acceptable Foods and Beverage webpage
 - For products not listed, submit to CSDE for approval **before** selling
 - May choose to screen products for compliance using the CNS worksheets (see slide 53)

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CNS Worksheets for Evaluating Foods



<https://portal.ct.gov/SDE/Nutrition/Connecticut-Nutrition-Standards/How-To#CNSWorksheets>

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Avoiding Compliance Issues for Commercial Products

- ✓ **Check vendor assurances** of product compliance before purchasing
 - If a vendor indicates the product complies with the CNS, verify using CSDE webpage
- ✓ **Check deliveries** against product orders
- ✓ Train food service staff to **monitor foods** in vending machines stocked by an outside vendor

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CSDE Resource

How to Evaluate Purchased Foods for Compliance with the CNS

- Overview of requirements and resources for evaluating purchased foods

How to Evaluate Purchased Foods for Compliance with the Connecticut Nutrition Standards


Public school districts that receive the Healthy Food System of Healthy Food Certification (HFC) must ensure that foods sold to students, regardless of how they are purchased, meet the Connecticut Nutrition Standards (CNS). The Connecticut State Department of Education (CSDE) has developed this resource to help districts understand the requirements for evaluating purchased foods for compliance with the CNS. This resource includes information on the requirements for evaluating purchased foods, the process for submitting products for evaluation, and the process for receiving feedback from the CSDE. For more information, please visit the CSDE website at https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Evaluate_Purchased_Foods_CNS.pdf.

Submitting Products

The commercial products used in the HFC process are evaluated by the CSDE. To submit a product for evaluation, districts must complete the HFC Product Submission Form and submit it to the CSDE. The CSDE will then evaluate the product and provide feedback to the district. The CSDE will also provide a list of products that are compliant with the CNS.

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Evaluating Foods Made from Scratch



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Definition

Foods Made from Scratch

1. Foods *prepared using a recipe*, such as entrees, soups, baked goods, cooked grains (pasta and rice), vegetables, and salad
2. Foods with *ingredients added* after purchasing



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Examples of Foods with Added Ingredients

- Assembling a sandwich
- Making soup from scratch
- Making commercial tomato soup with milk instead of water
- Popping popcorn kernels with oil
- Making cookies or muffins from a mix and adding butter and eggs
- Adding sprinkles to purchased frozen cookie dough
- Making salads with dressing
- Cooking vegetables with oil, margarine, or butter
- Cooking pasta or rice with oil, margarine, or butter

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Avoiding Common Compliance Issues for Foods Made from Scratch

- ☑ Conduct a *nutrient analysis* of the recipe to determine if the serving complies with each CNS standard
 - Must determine that recipe complies with CNS *before* the food is sold to students
 - Remember to review commercial foods that have *added ingredients* after purchasing (see examples on slide 58)

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Avoiding Common Compliance Issues for Foods Made from Scratch

- ☑ *Review* the recipe's nutrient analysis for compliance with *each standard* for the appropriate CNS food category
 - Make sure recipe includes *all* required CNS nutrients, such as trans fat and total sugars
 - If any nutrients are missing, must obtain nutrition information from other sources *before* evaluating the recipe for CNS compliance
 - To calculate sugars, use CNS worksheet 10 (see slide 63)

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Example of Missing Nutrients: USDA Recipes for Healthy Kids

Mediterranean Quinoa Salad

Mixed Components: Other Vegetable-Grains

Grains R-25*

Notes		
New Marketing Guide for purchasing information on foods that will change during preparation or when a variation of the recipe is available.		
Serving	Yield	Volume
1/4 cup (1/4 cup or spread) provides about 1/4 cup vegetable and 1/4 cup equivalent grains.	50 Servings: about 9 lb	50 Servings: about 2 quarts 2 cups 2.0 quart salad parts
	100 servings: about 18 lb	100 servings: about 2 quarts 1 quart 4.0 quart salad parts

 The grain ingredients used in this recipe must meet the Food and Nutrition Service whole-grain criteria.

Ingredients Purchased for		Marketing Guide	
50 servings		100 servings	
Red lentil (seeds)	14.4#	14.4#	
Green onions	10.0#	10.0#	
Red onions	7.0#	14.0#	
Cherry tomatoes	16.7#	2.9# 14 or 16	
Parsley	18.0#	2.0#	
Nutrients Not Specified			
Carbohydrate	83.1g	Saturated Fat	1.0g
Cholesterol	0.0g	Cholesterol	0.0g
Vitamin A	454.83 IU	Vitamin A	454.83 IU
Calcium	22.66 g	Calcium	226.31 mg
Iron	1.85g	Iron	1.85 mg
		Vitamin C	40.27 mg
		Vitamin C	12.38 mg

Missing trans fat and sugars


<https://www.fns.usda.gov/tn/recipes-healthy-kids-cookbook-schools>

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How to Conduct Nutrient Analysis of Recipes

1. Obtain or develop a *standardized recipe* specifying the specific quantity of each ingredient used
2. Obtain *nutrition information* for each ingredient in the recipe (see slide 65 for resources)




A red hardcover book with the word "Cookbook" written in white on its spine and front cover. Next to it is a silver metal cooking pot with a lid and a handle.

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How to Conduct Nutrient Analysis of Recipes

3. Determine the nutrition information for *one serving* of the recipe using worksheet 9 (see slide 67)



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CSDE Resource

CNS Worksheet 9: Nutrient Analysis of Recipes

- Excel worksheet that calculates the nutrition information per serving of a recipe

Worksheet 9: Nutrient Analysis of Recipes

This worksheet is used to calculate the nutrition information for a recipe. It includes a table for entering the recipe ingredients and a table for calculating the nutrition information per serving.

How to Use:


- Enter the recipe ingredients in the table.
- Click the "Calculate" button.
- The nutrition information will be calculated and displayed in the table.

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNS_worksheet9_Nutrient_Analysis_Recipes.xlsx
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CSDE Resource

How to Conduct a Nutrient Analysis of Recipes

4. Enter the recipe's nutrition information per serving into the CSDE's *CNS worksheet* for the appropriate CNS food category (worksheets 1-8)



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CNS Worksheets for Evaluating Foods

Connecticut Nutrition Standards

How To Evaluate Foods for CNS Compliance

This document provides guidance on how to evaluate foods for compliance with the Connecticut Nutrition Standards (CNS). It includes a table for entering the food information and a table for calculating the nutrition information per serving.

How to Use:

- Enter the food information in the table.
- Click the "Calculate" button.
- The nutrition information will be calculated and displayed in the table.

<https://portal.ct.gov/-/media/SDE/Nutrition/Connecticut-Nutrition-Standards/How-To-CNS-Worksheets>
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CSDE Resource

Guidance on Evaluating Recipes for Compliance with the CNS

- Includes specific steps and resources for conducting a nutrient analysis of recipes

Guidance on Evaluating Recipes for Compliance with the Connecticut Nutrition Standards

This document provides guidance on how to evaluate recipes for compliance with the Connecticut Nutrition Standards (CNS). It includes a table for entering the recipe information and a table for calculating the nutrition information per serving.

How to Use:

- Enter the recipe information in the table.
- Click the "Calculate" button.
- The nutrition information will be calculated and displayed in the table.

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Evaluating_Recipes_CNS_Compliance.pdf
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CSDE Resource

How to Evaluate Foods Made from Scratch for Compliance with the CNS

- Overview of requirements and resources for evaluating foods made from scratch

How to Evaluate Foods Made from Scratch for Compliance with the Connecticut Nutrition Standards

This document provides guidance on how to evaluate foods made from scratch for compliance with the Connecticut Nutrition Standards (CNS). It includes a table for entering the food information and a table for calculating the nutrition information per serving.

How to Use:

- Enter the food information in the table.
- Click the "Calculate" button.
- The nutrition information will be calculated and displayed in the table.

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Evaluate_Scratch_Foods_CNS_Compliance.pdf
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Other Requirements for Foods and Beverages



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Other Requirements for Foods and Beverages

- **CGS Section 10-221q:** Connecticut's beverage statute for public schools (see slides 75-83)
- **Regulations of Connecticut State Agencies**
 - Section 10-215b-1: *Competitive Foods* (see slides 84-97)
 - Section 10-215b-23: *Accrual of Income* (see slides 98-103)
- **CGS Section 10-221p:** Connecticut's statute requiring public schools to sell nutritious and low-fat foods whenever foods are sold to students during the school day (see slides 104-106)

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CSDE Resource

Summary Chart: Federal and State Requirements for Competitive Foods in HFC Public Schools

- Summarizes state and federal laws for selling and giving competitive foods to students in HFC public schools
- Includes charts of how state and federal laws apply to different sources of food and beverage sales

Source of Sale	Federal Requirements	State Requirements
On-site school vending machine	2010 FNS (7 CFR 201.15)	2010 FNS (7 CFR 201.15)
Off-site school vending machine	2010 FNS (7 CFR 201.15)	2010 FNS (7 CFR 201.15)
On-site school food service	2010 FNS (7 CFR 201.15)	2010 FNS (7 CFR 201.15)
Off-site school food service	2010 FNS (7 CFR 201.15)	2010 FNS (7 CFR 201.15)
On-site school food service (competitive foods)	2010 FNS (7 CFR 201.15)	2010 FNS (7 CFR 201.15)
Off-site school food service (competitive foods)	2010 FNS (7 CFR 201.15)	2010 FNS (7 CFR 201.15)

https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Summary_Chart_Requirements_Competitive_Foods_HFC.pdf

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CGS Section 10-221q: Beverages



https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221q

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CGS Section 10-221q: Beverages

- Applies to all beverages sold to students on school premises from all sources including
 - beverages sold *as part of* school meals
 - beverages sold *separately* from school meals
- Five allowable beverage categories *
 1. Milk
 2. 100 percent juice
 3. Nondairy milk substitutes such as soy milk
 4. Beverage containing only water and 100 percent juice
 5. Water

* These beverages must meet specific restrictions for each category (see *Allowable Beverages in Connecticut Public Schools* on slide 77)

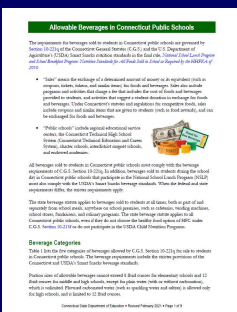
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CSDE Resource

Allowable Beverages for Connecticut Public Schools

- Identifies the state and federal requirements for beverages sold to students in public schools
- Provides examples of allowable and unallowable beverages



https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FBlist/Submitting_Food_Beverage_Products.pdf

Connecticut State Department of Education • Revised June 2021

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Beverage Exemptions

- Not part of the annual HFC Statement, which applies only to foods
- Board must vote *separately* to allow sale to students of any beverages that do not comply with CGS Section 10-221q
 - CSDE recommends voting on beverage exemptions at the *same time* as the annual HFC Statement

https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221q

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Beverage Exemptions

- Beverages that do not comply with CGS Section 10-221q cannot be sold to students on school premises unless
 - the board **votes** to allow beverage exemptions **AND**
 - the beverage sales meet the **three exemption criteria** (see slide 80)

Beverage sales (including sales at exempted events) must also comply with additional state requirements (see slides 84-103)

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Three Exemption Criteria for Beverages

1. The sale is in connection with an **event** occurring **after** the end of the regular school day or on the weekend
2. The sale is at the **location** of the event
3. The beverages are not sold from a vending machine or school store



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Beverage Exemptions Never Allowed for Non-events such as

- Afterschool programs and activities
- Cafeteria a la carte sales
- Classes, e.g., culinary programs, family and consumer sciences
- Fundraisers that are not held at an event
- Meetings
- School stores
- Sports practices
- Vending machines
- Any other programs or activities that are not events

All beverages sold from these sources must **always** comply with the state beverage statute

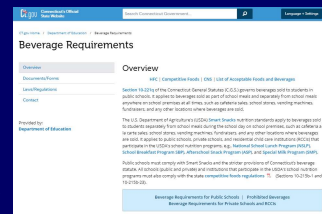
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CSDE Webpage

Beverage Requirements

- Requirements for public schools
- Requirements for private schools and residential child care institutions
- Prohibited beverages
- Resources



<http://portal.ct.gov/SDE/Nutrition/Beverage-Requirements>

Connecticut State Department of Education • Revised June 2021

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CSDE Resource

Presentation: Beverage Requirements for Connecticut Public Schools

- Overview of beverage requirements
- Exemption criteria
- Allowable beverages
- Prohibited beverages
- Resources

Beverage Requirements for Connecticut Public Schools



https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Beverage_Requirements_Connecticut_Public_Schools_Presentation.pdf

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Section 10-215b-1 of State Regulations: Competitive Foods



https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title_10Subtitle_10-215bSection_10-215b-1

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State Statutes and Regulations Sometimes Supersede Each Other

- Depending on when USDA's Child Nutrition Programs (CNP) operate
 - the CNS and state beverage statute (CGS Section 10-221q) may supersede Section 10-215b-1 of the state competitive foods regulations
 - OR**
 - Section 10-215b-1 of the state competitive foods regulations may supersede the CNS and state beverage statute

USDA Child Nutrition Programs

- National School Lunch Program (NSLP)
- School Breakfast Program (SBP)
- Afterschool Snack Program (ASP) of the NSLP
- Seamless Summer Option (SSO) of the NSLP
- Special Milk Program (SMP)
- Fresh Fruit and Vegetable Program (FFVP)
- Child and Adult Care Food Program (CACFP) At-risk Afterschool Meals operated in schools
- Summer Food Service Program (SFS) operated in schools

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Regulations of State Agencies Section 10-215b-1: *Competitive foods*

- Prohibits *selling* and *dispensing* candy, coffee, tea, and soft drinks to students anywhere on school premises from **30 minutes before up through 30 minutes after** the operation of any CNPs
- *Dispensing* means to give, provide, or distribute foods and beverages to students, e.g., food rewards and classroom parties

HFC and state beverage statute are stricter

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Candy in HFC Public Schools

- HFC *supersedes* Section 10-215b-1's timeframe for candy sales (30 minutes before up through 30 minutes after the operation of any CNPs) because HFC applies at *all times*
- Candy does not meet the CNS



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Candy in HFC Public Schools

- Candy cannot be *sold* to students anywhere on school premises unless
 - the board of education has voted to allow food exemptions **AND**
 - the sales are at the location of an event held after the school day or on the weekend **AND**
 - the event does not occur while any CNPs are operating



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Candy in HFC Public Schools

- Section 10-215b-1 of state regulations *supersedes* the food exemptions allowed under HFC if the event occurs *while any CNPs are operating*
 - Candy cannot be *sold* to students at an exempted event on school premises that occurs while any CNPs are operating
 - Candy cannot be *given* to students anywhere on school premises (including exempted events) while any CNPs are operating



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How Section 10-215b-1 Applies to Candy

Example 1

- If the Afterschool Snack Program (ASP) operates from 4:30 to 5:30 PM
 - a concession stand located at an event on school premises cannot *sell* candy to students from 4:00 to 6:00 PM
 - an afterschool program on school premises cannot *sell or give* candy to students from 4:00 to 6:00 PM



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How Section 10-215b-1 Applies to Candy

Example 2

- If the School Breakfast Program (SBP) operates from 7:00 AM to 8:00 AM and the National School Lunch Program (NSLP) operates from 11:30 AM to 1:00 PM
 - a classroom party cannot *give* candy to students from 6:30 AM to 8:30 AM and 11:00 AM to 1:30 PM
 - teachers cannot *give* candy to students as food rewards from 6:30 AM to 8:30 AM and 11:00 AM to 1:30 PM



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Coffee, Tea and Soft Drinks in HFC Public Schools



- The state beverage statute *supersedes* Section 10-215b-1's timeframe for sales of coffee, tea, and soft drinks (30 minutes before up through 30 minutes after the operation of any CNPs) because the state beverage statute applies at *all times*
- Coffee, tea, and soft drinks do not comply with CGS Section 10-221q

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Coffee, Tea and Soft Drinks in HFC Public Schools



- Coffee, tea, and soft drinks cannot be *sold* to students anywhere on school premises unless
 - the board of education has voted to allow beverage exemptions **AND**
 - the sales are at the location of an event held after the school day or on the weekend **AND**
 - the event does not occur while any CNPs are operating

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Definition

Soft drinks

Beverages (with or without carbonation) that contain water and/or juice and added sweeteners (including nutritive sweeteners and artificial or natural nonnutritive sweeteners), and may also contain other ingredients such as edible acids, natural or artificial flavors and colors, and added nutrients

Examples

- *Soda* (regular and diet)
- *Sports drinks* (regular, low-calorie, and zero calorie)
- *Sweetened beverages* (with or without carbonation) that are not 100 percent juice (such as lemonade and fruit punch drinks)
- *Flavored water with added sweeteners* (with or without carbonation)

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Coffee, Tea and Soft Drinks in HFC Public Schools



- Section 10-215b-1 of state regulations *supersedes* the beverage exemptions allowed under the state beverage if the event occurs *while any CNPs are operating*
 - Coffee, tea, and soft drinks cannot be *sold* to students at an exempted event on school premises that occurs while any CNPs are operating
 - Coffee, tea, and soft drinks cannot be *given* to students anywhere on school premises (including exempted events) while any CNPs are operating

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How Section 10-215b-1 Applies to Coffee, Tea and Soft Drinks



Example 1

- If the ASP operates from 4:30 to 5:30 PM
 - a concession stand located at an event on school premises cannot *sell* coffee, tea, and soft drinks to students from 4:00 to 6:00 PM
 - an afterschool program on school premises cannot *sell or give* coffee, tea, and soft drinks to students from 4:00 to 6:00 PM

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How Section 10-215b-1 Applies to Coffee, Tea and Soft Drinks



Example 2

- If the SBP operates from 7:00 AM to 8:00 AM and the NSLP operates from 11:30 AM to 1:00 PM
 - a classroom party cannot *give* coffee, tea, and soft drinks to students from 6:30 AM to 8:30 AM and 11:00 AM to 1:30 PM
 - teachers cannot *give* coffee, tea, and soft drinks to students as food rewards from 6:30 AM to 8:30 AM and 11:00 AM to 1:30 PM

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Section 10-215b-23 of State Regulations: Accrual of Income



https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title_10Subtitle_10-215bSection_10-215b-23/

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Regulations of State Agencies Section 10-215b-23: Accrual of Income

- Any income (gross income) from the sale of foods and beverages to students anywhere on school premises from *30 minutes before until 30 minutes after* any state or federally subsidized CNP must accrue to the *school food service program*



https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title_10Subtitle_10-215bSection_10-215b-23/

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Example: How Section 10-215b-23 Applies

- If the SBP operates from 7:00 AM to 8:00 AM, the NSLP operates from 11:30 AM to 1:00 PM, the nonprofit food service account must receive the *income from all foods and beverages sold to students anywhere on school premises* from 6:30 AM to 8:30 AM, 11:00 AM to 1:30 PM, and 3:00 PM to 5:00 PM
 - Includes income from sales of foods and beverages at *exempted events* held after the school day *while any CNPs are operating*

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Example: How Section 10-215b-23 Applies to Vending Machines

- The school's *vending machine contract* specifies that the school food service department receives *20 percent* of total vending sales
- The vending machine operates from 30 minutes before up through 30 minutes after the NSLP
- The school food service department must receive *100 percent* of the total vending sales (gross income) during this time, not the 20 percent specified in vending machine contract



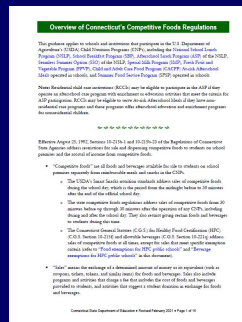
Connecticut State Department of Education • Revised June 2021

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CSDE Resource

Overview of Connecticut's Competitive Foods Regulations

- Guidance on complying with Sections 10-215b-1 (competitive foods) and 10-215b-23 (accrual of income) of the Regulations of Connecticut State Agencies



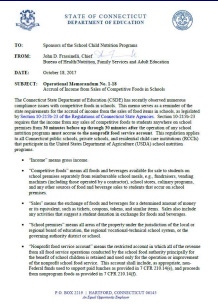
https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Overview_CT_Competitive_Foods_Regulations.pdf

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CSDE Operational Memorandum


CSDE Operational Memorandum No. 1-18:
Accrual of Income from Sales of Competitive Foods in Schools



<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2018/OM01-18.pdf>

Connecticut State Department of Education • Revised June 2021

CGS Section 10-221p: Nutritious Low-fat Foods



https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221p

Connecticut State Department of Education • Revised June 2021

CGS Section 10-221p: Nutritious Low-fat Foods

- When foods are available for **purchase** by students during the school day, nutritious and low-fat foods must also be available for sale at the same **location** or **elsewhere on school premises** at the same time
- When pre-purchased foods are **distributed** to students at school during the school day, nutritious and low-fat foods must be **available for purchase** at the **same time** that students **pick up** the foods
- Applies to **all public schools** regardless of whether they participate in the NSLP or HFC

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Definition Nutritious Low-fat Foods


Low-fat dairy products and fresh or dried fruit



- Examples of **low-fat dairy products** include low-fat or nonfat yogurt, cheese, and cottage cheese
- Low-fat milk is a beverage and cannot be used to meet the statutory requirements

Connecticut State Department of Education • Revised June 2021

Quiz: Test Your HFC IQ




Connecticut State Department of Education • Revised June 2021

Does CNS apply to

1. Reimbursable meals sold in the National School Lunch Program (NSLP) and School Breakfast Program (SBP)

☐ Yes ☐ No



Connecticut State Department of Education • Revised June 2021

Does CNS apply to Answer

1. Reimbursable meals sold in the National School Lunch Program (NSLP) and School Breakfast Program (SBP)



☐ Yes ☒ **No**


CNS applies only to food sold *separately* from reimbursable meals

Connecticut State Department of Education • Revised June 2021 109

Does CNS apply to

2. Food sales to students *outside* of reimbursable school meals in the NSLP and SBP

☐ Yes ☐ No



Connecticut State Department of Education • Revised June 2021 110

Does CNS apply to Answer

2. Food sales to students *outside* of reimbursable school meals in the NSLP and SBP

☒ **Yes** ☐ No

Foods must comply with the CNS unless


- the board has voted to allow exemptions **AND**
- the sales comply with the exemption criteria (see slides 37-45) **AND**
- the sales comply with other applicable state requirements (see slides 84-106)

Connecticut State Department of Education • Revised June 2021 111

Does CNS apply to

3. Cafeteria a la carte sales to students

☐ Yes ☐ No



Connecticut State Department of Education • Revised June 2021 112

Does CNS apply to Answer

3. Cafeteria a la carte sales to students

☒ **Yes** ☐ No

- Foods sold a la carte in the cafeteria must *always* meet the CNS
- Cafeteria a la carte sales are not events and are not eligible for exemptions




Connecticut State Department of Education • Revised June 2021 113

Does CNS apply to

4. Foods sold to students from vending machines

☐ Yes ☐ No



Connecticut State Department of Education • Revised June 2021 114


Does CNS apply to

Answer

4. Foods sold to students from vending machines

☒ Yes ☐ No

- Foods sold in vending machines must *always* meet the CNS
- CGS Section 10-215f (HFC) specifically prohibits exemptions for vending machines




Connecticut State Department of Education • Revised June 2021 115

CSDE Resource

Requirements for Foods and Beverages in Vending Machines in HFC Public Schools

■ Summarizes the federal and state requirements for selling and giving foods and beverages to students from vending machines on school premises




https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Vending_Machine_Requirements_HFC.pdf
 Connecticut State Department of Education • Revised June 2021 116

Does CNS apply to

5. Foods sold to students from school stores

☐ Yes ☐ No



Connecticut State Department of Education • Revised June 2021 117

Does CNS apply to

Answer

5. Foods sold to students from school stores

☒ Yes ☐ No

- Foods sold in school stores must *always* meet the CNS
- CGS Section 10-215f (HFC) specifically prohibits exemptions for school stores

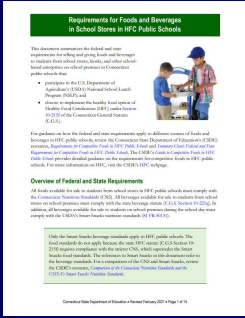


Connecticut State Department of Education • Revised June 2021 118

CSDE Resource

Requirements for Foods and Beverages in School Stores in HFC Public Schools

■ Summarizes the federal and state requirements for selling and giving foods and beverages to students from school stores on school premises




https://portal.ct.gov/-/media/SDE/Nutrition/HFC/School_Store_Requirements_HFC.pdf
 Connecticut State Department of Education • Revised June 2021 119

Does CNS apply to

6. Foods sold to students from fundraisers held on school premises and *sponsored by school groups*, e.g., school organizations, clubs, and other activities

☐ Yes ☐ No



Connecticut State Department of Education • Revised June 2021 120

Does CNS apply to Answer

6. Foods sold to students from fundraisers held on school premises and *sponsored by school groups*, e.g., school organizations, clubs, and other activities

☒ Yes ☐ No

Fundraisers must meet the CNS unless

- the board has voted to allow exemptions **AND**
- the sales comply with the exemption criteria (see slides 37-45) **AND**
- the sales comply with other applicable state requirements (see slides 84-106)

Connecticut State Department of Education • Revised June 2021 121

Does CNS apply to

7. Foods sold to students from fundraisers held on school premises and *sponsored by groups outside the school district*

☐ Yes ☐ No

Connecticut State Department of Education • Revised June 2021 122

Does CNS apply to Answer

7. Foods sold to students from fundraisers held on school premises and *sponsored by groups outside the school district*

☒ Yes ☐ No

Fundraisers must meet the CNS unless

- the board has voted to allow exemptions **AND**
- the sales comply with the exemption criteria (see slides 37-45) **AND**
- the sales comply with other applicable state requirements (see slides 84-106)

Connecticut State Department of Education • Revised June 2021 123

Does CNS apply to

8. Foods sold to students from fundraisers held at locations *off school premises*, e.g., town hall, community center, or supermarket

☐ Yes ☐ No

Connecticut State Department of Education • Revised June 2021 124

Does CNS apply to Answer

8. Foods sold to students from fundraisers held at locations *off school premises*, e.g., town hall, community center, or supermarket

☐ Yes ☒ No

CNS applies only to sales to students *on school premises*

Connecticut State Department of Education • Revised June 2021 125

CSDE Resource

Requirements for Food and Beverage Fundraisers in HFC Public Schools

- Summarizes the federal and state requirements for selling foods and beverages to students from fundraisers on school premises


https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Fundraiser_Requirements_HFC.pdf

Connecticut State Department of Education • Revised June 2021 126

CSDE Resource

Presentation: HFC Fundraiser Requirements

- Overview of HFC
- Other Requirements for Fundraisers
- Allowable Fundraisers
- Quiz: Test Your Fundraiser Knowledge
- Resources



Healthy Food Certification (HFC) Fundraiser Requirements


https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Fundraiser_Requirements_HFC_Presentation.pdf

Connecticut State Department of Education • Revised June 2021

Does CNS apply to

9. Family and consumer sciences classes that sell foods to students

☐ Yes ☐ No



Connecticut State Department of Education • Revised June 2021


Test Your HFC IQ

Answer

9. Family and consumer sciences classes that sell foods to students

☒ Yes ☐ No

Classes are not events and are not eligible for exemptions




Connecticut State Department of Education • Revised June 2021

Does CNS apply to

10. Family and consumer sciences classes that give foods to students

☐ Yes ☐ No



Connecticut State Department of Education • Revised June 2021

Does CNS apply to


Answer

10. Family and consumer sciences classes that give foods to students

☐ Yes ☒ No

CNS applies only to *sales* to students

- See slides 132-133 for definition of “give”
- Section 10-215b-1 of state regulations requires additional restrictions for candy (see slides 84-91)



Connecticut State Department of Education • Revised June 2021

Definition


Give

Foods and beverages are provided free of any charge, contribution, or suggested donations **AND** without the exchange of tickets, coupons, tokens, and similar items to obtain foods and beverages

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Given = Meeting Four Conditions

1. Students do not *purchase* foods and beverages
2. Students do not *exchange* coupons, tickets, tokens, and similar items for foods and beverages (either purchased or given, such as food rewards)
3. Programs and activities that charge a fee *do not include the cost* of foods and beverages provided to students
4. Fundraisers do not give foods and beverages to students *in exchange for a suggested donation*




Connecticut State Department of Education • Revised June 2021 133

Does CNS apply to

11. Family and consumer sciences classes that sell foods to adults

☐ Yes ☐ No




Connecticut State Department of Education • Revised June 2021 134

Does CNS apply to

11. Family and consumer sciences classes that sell foods to adults

☐ Yes ☒ No

CNS applies only to sales to *students*




Connecticut State Department of Education • Revised June 2021 135

Does CNS apply to

12. Culinary arts programs that sell foods to students

☐ Yes ☐ No



Connecticut State Department of Education • Revised June 2021 136

Does CNS apply to

12. Culinary arts programs that sell foods to students

☒ Yes ☐ No

Culinary programs are not events and are not eligible for exemptions




Connecticut State Department of Education • Revised June 2021 137

Does CNS apply to

13. Culinary arts programs that give foods to students

☐ Yes ☐ No




Connecticut State Department of Education • Revised June 2021 138

Does CNS apply to

14. Culinary arts programs that sell foods to adults

☐ Yes ☐ No

A photograph showing two chefs in white uniforms and hats working in a professional kitchen. One chef is in the foreground, focused on a task, while another is visible in the background. The kitchen has stainless steel counters and various cooking equipment.[illegible]

Does CNS apply to

Answer

15. Family resource centers that sell foods to students

☒ Yes

☐ No

Family resources centers are not events and are not eligible for exemptions



Does CNS apply to

16. Family resource centers that give foods to students

☐ Yes ☐ No

Connecticut State Department of Education • Revised June 2021 145

Does CNS apply to Answer

16. Family resource centers that give foods to students

☐ Yes ☒ No

CNS applies only to *sales* to students

- See slides 132-133 for definition of “give”
- Section 10-215b-1 of state regulations requires additional restrictions for candy (see slides 84-91)

Connecticut State Department of Education • Revised June 2021 146

Does CNS apply to

17. Foods sold to students from summer school programs (e.g., enrichment or exploratory programs) *operated by the school district*

☐ Yes ☐ No

Connecticut State Department of Education • Revised June 2021 147

Does CNS apply to Answer

17. Foods sold to students from summer school programs (e.g., enrichment or exploratory programs) *operated by the school district*

☒ Yes ☐ No

- Summer school programs are not events and are not eligible for exemptions
- A summer school program operated by the school district is part of the regular school day

Connecticut State Department of Education • Revised June 2021 148

Does CNS apply to

18. Summer school programs (e.g., enrichment or exploratory programs) *operated by an outside organization* (not the school district) that sell foods to students

☐ Yes ☐ No

Connecticut State Department of Education • Revised June 2021 149

Does CNS apply to Answer

18. Summer school programs (e.g., enrichment or exploratory programs) *operated by an outside organization* (not the school district) that sell foods to students

☒ Yes ☐ No

Summer school programs are not events and are not eligible for exemptions

Connecticut State Department of Education • Revised June 2021 150

Does CNS apply to

19. Recipient sites under interschool agreements that sell foods to student

☐ Yes ☐ No

Answer

Connecticut State Department of Education • Revised June 2021 151

Does CNS apply to

19. Recipient sites under interschool agreements that sell foods to student

☒ Yes ☐ No


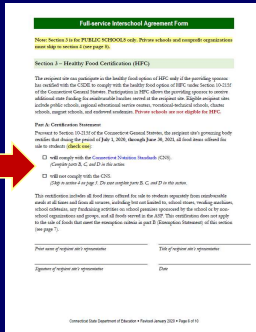
- If the recipient site has chosen to implement HFC, which is indicated on the interschool agreement (see slide 153)
- Foods must comply with the CNS unless the board has voted to allow exemptions and the sales are at the location of an event held after the school day or on the weekend (see slides 37-45)

Answer

Connecticut State Department of Education • Revised June 2021 152

CSDE Form

CSDE's Full Service Interschool Agreement Form (between providing sponsor and recipient site)

Connecticut State Department of Education • Revised June 2021 153

Does CNS apply to

20. Afterschool enrichment programs or other afterschool programs that charge a fee for students to participate and the fee includes the cost of food

☐ Yes ☐ No

Answer

Connecticut State Department of Education • Revised June 2021 154

Does CNS apply to

20. Afterschool enrichment programs or other afterschool programs that charge a fee for students to participate and the fee includes the cost of food

☒ Yes ☐ No

- Afterschool programs are not events and are not eligible for exemptions
- Charging a fee that includes the cost of food is the same as selling food (see slide 20)


Answer

Connecticut State Department of Education • Revised June 2021 155

Does CNS apply to

21. USDA's Afterschool Snack Program (ASP)

☐ Yes ☐ No



Answer


Connecticut State Department of Education • Revised June 2021 156

Does CNS apply to Answer

21. USDA's Afterschool Snack Program (ASP)

☒ **Yes** ☐ **No**

All snack menu items must comply with the ASP meal pattern and the CNS



<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASPmealpatternK12.pdf>
<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASPmealpatternpreschool.pdf>

Connecticut State Department of Education • Revised June 2021 157

Does CNS apply to

22. Adult education programs operated by the board of education on school premises

☐ **Yes** ☐ **No**

Connecticut State Department of Education • Revised June 2021 158

Does CNS apply to Answer

22. Adult education programs operated by the board of education on school premises

☒ **Yes** ☐ **No**

- If the food sales are under the control of the board of education
- The HFC statute applies to all "students" on school premises

Connecticut State Department of Education • Revised June 2021 159

Adult Education Programs (Under Board of Education's Jurisdiction)

- HFC statute does not set an age limit for students
- HFC statute does not distinguish between regular and adult education programs
- HFC applies only to foods *under the control* of the adult education program
- HFC does *not* apply if district rents, leases, or borrows building space for an adult education program and the *building owner maintains any sources of food sales* (e.g., vending machines and food kiosks)

Connecticut State Department of Education • Revised June 2021 160

CSDE Operational Memorandum

Requirements for Selling Foods and Beverages in Adult Education Programs (October 31, 2008)




<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/AdultEdHFC.pdf>

Connecticut State Department of Education • Revised June 2021 161

Does CNS apply to

23. Food sales to adults, e.g., snack machine in teachers' lounge or special meals or special a la carte items in the cafeteria

☐ **Yes** ☐ **No**




Connecticut State Department of Education • Revised June 2021 162

Does CNS apply to Answer

23. Food sales to adults, e.g., snack machine in teachers' lounge or special meals or special a la carte items in the cafeteria

☐ Yes ☒ **No**

CNS applies only to sales to *students*




Connecticut State Department of Education • Revised June 2021 163

Does CNS apply to

24. Classroom parties that collect a fee to cover the cost of foods provided to students

☐ Yes ☐ No




Connecticut State Department of Education • Revised June 2021 164

Does CNS apply to Answer

24. Classroom parties that collect a fee to cover the cost of foods provided to students

☒ **Yes** ☐ No

- Classroom parties during the school day are not eligible for exemptions
- Charging a fee that includes the cost of food is the same as selling food (see slide 20)



Connecticut State Department of Education • Revised June 2021 165

Does CNS apply to

25. Classroom parties where food provided to students is donated by people or groups, e.g., parents, clubs, or school administration

☐ Yes ☐ No

Connecticut State Department of Education • Revised June 2021 166

Does CNS apply to Answer

25. Classroom parties where food provided to students is donated by people or groups, e.g., parents, clubs, or school administration

☐ Yes ☒ **No**

CNS applies only to *sales* to students


Section 10-215b-1 of state regulations requires additional restrictions for giving candy to students (see slides 84-91)

Connecticut State Department of Education • Revised June 2021 167

Does CNS apply to

26. Food rewards that give students coupons, tickets, tokens, or similar items that are redeemable for food

☐ Yes ☐ No



Connecticut State Department of Education • Revised June 2021 168


Does CNS apply to Answer

26. Food rewards that give students coupons, tickets, tokens, or similar items that are redeemable for food

☒ **Yes** ☐ No

"Sales" are the exchange of a determined amount of *money or its equivalent*, such as coupons, tickets, tokens, and similar items (see slide 20)

Section 10-215b-1 of state regulations requires additional restrictions for giving candy to students (see slides 84-91)




Connecticut State Department of Education • Revised June 2021 169

Does CNS apply to

27. Meetings that sell foods to students

☐ Yes ☐ No




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Does CNS apply to Answer

27. Meetings that sell foods to students

☒ **Yes** ☐ No

Meetings are not events and are not eligible for exemptions




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Does CNS apply to

28. Sports team practices that *give* foods to students

☐ Yes ☐ No



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Does CNS apply to Answer

28. Sports team practices that *give* foods to students

☐ Yes ☒ **No**

CNS applies only to *sales* to students

- See slides 132-133 for definition of "give"
- Section 10-215b-1 of state regulations requires additional restrictions for giving candy to students (see slides 84-91)




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Does CNS apply to

29. Programs that charge a fee for student participation and the fee includes the cost of foods provided to students, e.g., sports teams, afterschool programs, and student clubs

☐ Yes ☐ No




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Does CNS apply to

Answer

29. Programs that charge a fee for student participation and the fee includes the cost of foods provided to students, e.g., sports teams, afterschool programs, and student clubs




☒ Yes ☐ No

- Programs are not events and are not eligible for exemptions
- Charging a fee that includes the cost of food is the same as selling food (see slide 20)

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Does CNS apply to

30. Coupons, tickets, tokens, or similar items that are redeemable for foods on school premises




☐ Yes ☐ No

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Does CNS apply to

Answer

30. Coupons, tickets, tokens, or similar items that are redeemable for foods on school premises



☒ Yes ☐ No

"Sales" are the exchange of a determined amount of *money or its equivalent*, such as coupons, tickets, tokens, and similar items (see slide 20)

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More Resources

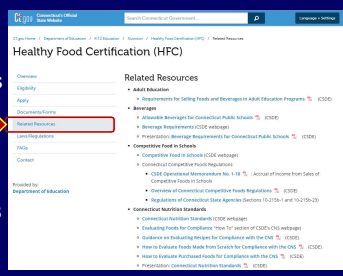


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CSDE Webpage

Healthy Food Certification: Related Resources

- Adult education programs
- Competitive foods
- Fundraisers
- HFC overview
- School stores
- Vending machines



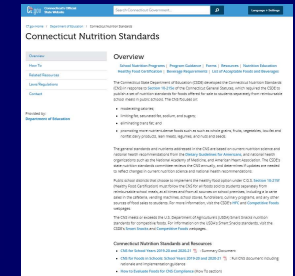
<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification/Related-Resources>

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CSDE Webpage

Connecticut Nutrition Standards

- CNS summary
- Full CNS document
- Guidance on how to evaluate foods for CNS compliance
- CNS worksheets
- CNS resources



<https://portal.ct.gov/SDE/Nutrition/Connecticut-Nutrition-Standards>

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CSDE Resource


- Full CNS Document
- Background
- Rationale
- Implementation guidance

Connecticut Nutrition Standards for Foods in Schools

School Years 2019-20 and 2020-21
(July 1, 2019, through June 30, 2021)

Complying with Healthy Weight Contribution rules
Section 39-260 of the Connecticut General Statutes

Revised February 2021



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200 West Main Street, 3rd Floor, Hartford, CT 06103
Hartford, CT 06103-0001

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/Connecticut_Nutrition_Standards_full_document.pdf

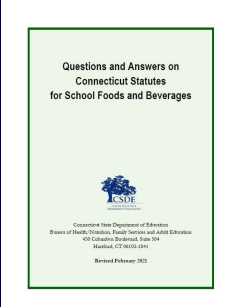
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CSDE Resource

Questions and Answers on Connecticut Statutes

- Provides answers to commonly asked questions regarding the requirements and implementation of the Connecticut General Statutes for school foods and beverages

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Questions_Answers_Connecticut_Statutes_School_Foods_Beverages.pdf




The image shows the front cover of a document titled "Questions and Answers on Connecticut Statutes for School Foods and Beverages". The cover is white with a green border. At the top, the title is printed in a serif font. In the center, there is a small blue crest of the State of Connecticut. Below the crest, the text reads: "Connecticut State Department of Education", "Division of Health Services, Family Services and Adult Education", "400 Lighthouse Avenue, Suite 304", "Hartford, CT 06103-4000". At the bottom, it says "Revised February 2012".

CSDE Resource

Presentation: HFC Application Procedures

- Overview of HFC
- HFC application process
- Steps for HFC application process
- Beverage exemptions
- Option for combined food and beverage exemptions
- Resources



The image shows the cover of a presentation titled "Application Procedures for Healthy Food Certification". The title is in a large, bold, black font. Below the title, it says "Section 10-215f of the Connecticut General Statutes". The cover features a photograph of four red apples on a white surface. In the bottom left corner, there is a small logo for the CSDE (Connecticut State Department of Education) with the text "CONNECTICUT STATE DEPARTMENT OF EDUCATION" and "Ensuring a bright future for every child". In the bottom right corner, there is a small number "1".

[https://portal.ct.gov/-/media/SDE/Nutrition/HFC/App/
Application_Procedures_HFC_Presentation.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/HFC/App/Application_Procedures_HFC_Presentation.pdf)

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CSDE Resource

Presentation: HFC Documentation Requirements

- Overview of HFC and CNS
- HFC documentation for current school year
- Submitting online HFC compliance form
- Submitting lists of foods and beverages
- CSDE review procedures for HFC documentation
- Resources

Documentation Requirements for Healthy Food Certification (HFC)

Connecticut State Department of Education (CSDE)
Bureau of Health/Nutrition, Family Services and Adult Education
Revised June 2021

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Doc/Documentation_Requirements_HFC_Presentation.pdf
 Connecticut State Department of Education • Revised June 2021

CSDE Resource

Requirements for Foods and Beverages in HFC Public Schools

- Summarizes the federal and state requirements for selling and giving foods and beverages to students on school premises

Requirements for Competitive Foods in HFC Public Schools

Connecticut State Department of Education (CSDE)
Bureau of Health/Nutrition, Family Services and Adult Education
Revised June 2021

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Requirements_Competitive_Foods_HFC.pdf
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CSDE Resource

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

- Links to resources on the federal and state requirements for selling and giving competitive foods to students

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

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https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Resources_Federal_State_Requirements_Competitive_Foods.pdf
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CSDE Child Nutrition Programs

CSDE School Nutrition Programs Staff

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New Haven County (includes Regions 5, 15, and 16)	Susan Alston susan.alston@ct.gov 860-807-2081
New London County	
Tolland County (includes Regions 8 and 19)	
Windham County (includes Region 11)	

Connecticut State Department of Education
 Bureau of Health/Nutrition, Family Services and Adult Education
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CSDE Child Nutrition Programs

CSDE School Nutrition Programs Staff

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- mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- fax: (202) 680-7442; or
- email: program.intake@usda.gov.

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